



Native American Connections

The following is a wish list of items needed to support Native American Connections program participants. These items are utilized by homeless youth, pregnant women, people struggling with mental illness, individuals overcoming addiction and families working with Native American Connections to build a healthy & bright future. Please help us ensure no one goes hungry, is unable to maintain their hygiene or goes without adequate clothing.

- **FOOD**

Peanut Butter
Breakfast Cereal and Bars
Bottled Water/ Juice/ Kool-Aid
Non-Perishable food items (tuna, canned soups, stews, chili, canned tomatoes and vegetables, all varieties of beans (canned or dried), pastas and rice

- **HYGIENE**

Body Wash
Deodorant
Razors (men/women)
Toothpaste & Brushes
Shampoo and Conditioner
Feminine Hygiene (maxi pads/tampons)
Depends (men/ women all sizes)

- **MEN'S CLOTHING**

Belts (all sizes)
Socks
Underwear (all sizes/must be new)
T-Shirts & Casual Tops (all sizes)
Jeans / Levis (all sizes gently used ok)

Please note: At this time we have reached our goal for women's clothing; we will update with any changes.

- **HOUSEHOLD ITEMS**

Toilet Paper
Paper Towels
Dish soap
Laundry detergent All-purpose cleaner Cleaning Bucket Dustpans and Brooms

- **LINENS**

Twin X-Long Sheets sets
Bath Towels & Wash Cloths New Pillows & Cases (Standard)
Lightweight Blankets

Please feel free to contact us with questions or to help arrange your donation today! Email NAC's Volunteer and Donations Manager at donate@nativeconnections.org or call text/call (602) 818-3662 to coordinate with our team, noting "In-Kind Donation" in your subject or message. Thank you.

"Changing Lives... Building Healthy Communities"